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From the Rectory

Skies are still grey and it is STILL raining as I write, but at least the days are beginning to get longer! When you read this Christmastide will just be ending with the Feast of Candlemas, but I'd like to take this opportunity to thank everyone who contributed to our celebrations in any way - those who cleaned our churches, those who decorated the buildings so beautifully with flowers and greenery and candles, all who welcomed visitors, read or led our prayers, and of course all who came to worship with us over the Christmas period. The Findon Christmas tree Festival was the best yet, with well over 900 people attending, thank you to everyone who entered a tree, and congratulations to the creators of the winning tree, submitted by St John the Baptist School. A huge thank you to Lindy and Tessa for spearheading and organising the festival, also to those who provided and served refreshments, and to Mary Childs for her wonderful decorated cake stall.

At our Epiphany Worship in Findon, I had the privilege of baptising my three grandchildren during the Service (the youngest, a year old slept throughout!) It was a joy to have our own young people, the band Basically,



providing the musical accompaniment too. Thanks to David Gear for his

support. Epiphany means 'revealing' and Jesus was revealed to the Magi through the light of a star.

The candle given to each candidate at baptism, lit from the Paschal candle, is symbolic of the light of Christ. Although the candle is blown out after the Service, the light of Jesus can never be extinguished, but it needs care – that is why we need to come together regularly to worship, pray and encourage one another on our faith journey.

Jesus was revealed at Candlemas as the long awaited Messiah, recognised by an old man of great faith, Simeon, who took him into his arms and blessed him, while prophesying that there would be difficult times ahead as he grew up, and his mother also would feel his pain. At Candlemas, we celebrate Christ as the light come into the world, turning away from celebrating his birth and turning our faces towards the end of Jesus' life, remembering how he suffered, died and rose again for us, to reveal the immeasurable love of God for his creation.

So, as the days grow longer and spring approaches, remember that light of Christ within you from your own baptism. Tend it and care for it, so that the love of God burns brightly within you, shining forth in your daily life. Remember that '2020' means perfect eyesight, so use this year to look with greater depth and understanding at the world around us, so together we can work to make it more like God created it to be!

Every blessing, Helena



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2019 Findon Christmas Lights Raffle - Result.

The draw for this year's Christmas raffle took place outside Peckhams the Butchers on 21st December 2019. We are please to announce this year's prizes winners being:

1st Prize: Luxury Hamper (Red & White wine,

Prosecco, Chocolates, Preserves, Biscuits) Mr Parsons

2nd Prize: Turkey (kindly donated by Peckhams the Butchers)June Monroe 3rd Prize: WhiskeyJane

4th Prize: Port & StiltonChris Reed

5th Prize: Port & StiltonPaul Hill, Village House

6th Prize: Port & Stilton.....Jack McCracken

7th Prize: Bottle of Prosecco.....Mr Gibbs

8th Prize: Box of Chocolates & Drinks Bottle..... Judith Prior.

The raffle is entirely self-funding. Essentially, all takings are ploughed back into the purchase of prizes which make the "goodies" list such a long and appealing one. We thank everyone who has participated in the raffle this year. We are sorry if you didn't win, however, there's always next year to have another go !

We should add that the purchase of the lights themselves are supported by kind donations from the Parish Council and the Sheep Fair Committee. You may have noticed that this November & December's awful weather has taken its toll. As this article is written I note there are at least 7 strings of lights that have failed. If you feel that your business or organisation would like to contribute a small sum towards their replacement AND improving 2020's show please contact:

Jan Mackerell: janmack@hotmail.com or Corrine Ball: corrineball@live.co.uk. We always acknowledge such assistance at the switch on ceremony.

Finally, we would once again like to thank all those who help install and take down the lights, and in particular Southern Cranes for the loan of their cherry picker.

Thank you

200 Club

The winner of the January £25 draw was number 20 - Val Kirk.

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Findon Church Christmas Tree Festival

We were delighted to welcome almost a thousand visitors, a record number, to our seventh Christmas Tree Festival at St John the Baptist Church in early December.

There were twenty-one trees on display all decorated by local organisations and businesses including five new exhibitors. There were some very innovative decorations including knitted vegetables, novelty dogs, bats, eco decorations, fresh flowers and turned wooden ornaments. Thank you to all our exhibitors for your efforts and ingenuity.

The tree receiving the most votes from the public was decorated by staff and pupils from St John the Baptist Primary School who donated their £50 charity cheque to Turning Tides. The result of the contest was very close with Men in Sheds coming second and The Cinnamon Trust third.

During the Saturday visitors were entertained with singing from both Becca Lieu and The Monarch's Way Singers.

The Friends of St John the Baptist Church provided the excellent refreshments with their usual efficiency and did a brisk trade on both days.

An added attraction this year, which generated a lot of interest, was a slide show entitled, "A Year in the Life of Findon Church", designed to give visitors a snapshot of the different activities and events within the church.

At the end of the two days the tombola, lucky dip, crafts, preserves and cake stall were all sold out, the large teddy and toy cow had been given names and found new homes and all volunteers were exhausted. However, spirits were raised, maybe in more ways than one, when all the proceeds were counted and we found that we had raised £2.773 towards church funds and £406 for the Friends who raise funds for the upkeep of our church building. This was a record and a testament to all the hard work put in by so many people in organising and running the event. A big thank you to you all.

Tessa Mccormick & Lindy Laker



Light Lunch @lpm

Last Tues of the month -*Next Lunch* 28th January 2020 at Findon Village Hall - £5. Everyone welcome.

Youth Club

Every Thursday during school term time Different themes every week, Ages 12+ 5.00pm till 6.30pm at The Rectory, Findon

Maggie Martin - Findon Botanical Artist



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> Please contact Maggie on maggiemartin8@gmail.com or 07544 572702 *Maggie Martin, BA (Hons)., Dip. SBA.*

Findon Village WI

The main theme of our January meeting was our popular fun auction. It was a very enjoyable evening and with the help of our very own auctioneer, Sassy, we raised over £200 for ACWW (Associated Country Women of the World) by bidding for unwanted Christmas presents. ACWW is the Women's Institute chosen charity that funds small-scale, women-led development projects in communities around the world.

We also voted for the resolution we wish to be adopted by the National WI; 'A call to increase potential stem cell donor registration' was the clear favourite.

A very big welcome to our new members.

Our next meeting is 13th February. Martin Frost will give a talk on the art of vanishing fore-edge book painting and the members are invited to bring an unusual family heirloom for our monthly competition.

We have a selection of informative and entertaining talks at our meetings this year and we hope to continue to welcome new members.

The next coffee morning is at Dee Dee's on Tuesday 18th February, from 10.30 – all welcome.

Paddy Winter - President Visit our website – https://findonvillagewi.wixsite.com/mysite for the latest information of our various groups or email findonvillagewi@hotmail.co.uk

From Findon Parish Council PLANNING

The two major planning applications in the village, land at Elm Rise and Soldier's Field House were considered by South Downs National Park Authority (SDNPA) Planning Committee on 16 January 2020. Both the Chairman and the Deputy Chairman of FPC Planning Committee attended and spoke against both developments.

Both applications were refused on officer recommendation. Details are on SDNPA planning portal and meeting itself was web cast and can be viewed via the following link:

https://southdowns.publici.tv/core/ portal/home

We shall watch with interest any next steps by the developers. The related Updated Neighbourhood Plan update is covered elsewhere in Findon News.

An additional meeting of the FPC Planning Committee was held on 16 January 2020 to consider, amongst other items, nine new planning applications for Findon that had been received over the Xmas and New Year period. The next meeting on the FPC Planning Committee will be held on Thursday 6 February and the Agenda will be published on 31 January 2020.

FINDON PARISH COUNCIL MEETING

The next meeting of the Parish Council will be held on Monday 3 February 2020 and the Agenda will be published on 28 January 2020 – as always, members of the public are welcome to attend full Council and Committee meetings.

XMAS LIGHTS

Another excellent opening celebration for the switch on of the lights, the raffle winners are detailed elsewhere in Findon News. The damp weather caused some failures and although Findon Parish Council and Findon Sheep Fair contribute annually any personal contributions would be helpful, in order to support our festive celebrations.

DEFIBRILLATOR

We are delighted to see the defibrillator on Nepcote Green installed and working, extending coverage from Findon crossroads to the Downs side of the village. Familiarisation is being run on using the equipment and CPR at the Village Hall on Thursday Feb 4 from 10am to 12am. All are welcome and there are posters in the Notice Boards.

TREE WARDEN

Findon Parish Council has engaged a Village Tree Warden in Matthew Ward who is already making a significant impact on maintaining the rural character of the village. Matthew is documenting our tree coverage, and advising on canopy changes, bough reduction and pollarding for appropriate planning applications. Should you require advice he can be contacted via the Parish Council:

clerk@findonparishcouncil.gov.uk or 01903 877225

Findon Parish Council Website

www.findonparishcouncil.gov.uk



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Cinnamon Trust

I should like to say a very big thank you to everyone who supported the

Cinnamon Trust Christmas Fair and helped us to raise more than £1300 to help both owners and their pets. It was a wonderful occasion made possible by our lovely vicar, Helena, allowing us to again use the church. The range of gifts and goodies on sale was amazing and I cannot thank everyone enough for all the baking, sewing, decoration making and lots more! You are all stars and I look forward to some more successful events with you in the coming months.

I had a lovely letter of thanks from Averil Jarvis, CInnamon Trust Founder, saying that our money is buying a therapeutic laser device to help the pets at the Hillside Sanctuary in Devon where most of the pets are elderly. It is being put to very good use.

Watch this space for upcoming events. I wish you all a belated very Happy New Year.

Maggie Martin

Findon's Got Talent Concert, Saturday 25th January

Despite tickets being on sale for a month, and selling out by Wednesday 22nd January, requests for tickets were received right up to opening time. Even with our enlarged hall we could have squeezed in many more people, but we have to abide by regulations and insurances. Could we stretch to two performances? Who knows but maybe something to consider in future.

The evening began with tasty pulled pork wraps, wonderfully cooked and presented by the catering team of the Village Hall Trust. The concert, held in the Village Hall, represented all ages with a talented and incredible line up. With a packed hall, and a stage borrowed from St John The Baptist School Findon, the scene was set, and the audience were not disappointed enjoying sixteen acts from solo singers and singing groups, a choir, aspiring actors and comedy acts. What was meant to be funny was funny and the singing was of a very high standard with some songs written by the singers themselves.

Some performers, who had lived in Findon and whose family still reside here, wanted to come back and entertain us and it was a joy to welcome them.

The concert was organised by the Village Hall Trust and the Friends of Findon Church, who maintain the fabric of our beautiful ancient Church, to raise money for both buildings. Thank you to all those who worked so hard to make the evening happen and be such a success.



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Findon Sheep Fair News:



You may think that the fair happens on one day in September only. It is, however, a year round task of planning, preparing, engaging with stall holders and contractors.

Part of the early jobs is to set the coming years budget to ensure our costs are covered. Although the Fair is essentially a not-for-profit organisation we do accrue monies for a "wet year" or two - when our takings get reduced and our costs go up (ground remediation and hire of extra equipment). Fortunately we have not been unduly affected for the last few years and, as such, our rainy day fund has grown to the degree where, in 2019, we have been able to make a series of donations to Village causes and charities.

When we do so, the Sheep Fair have 2 or 3 abiding principles that govern their decision making: a) there is a bias towards the young/youth of the Village, b) it goes towards the infrastructure of Nepcote Green, where the Fair is held or c) the principle of making Findon a great place to be.

With these principles in mind we are pleased to say that in 2019's exceptional year the Sheep Fair have donated to: St Johns the Baptist School Governors (who in turn donate to the School, match funded by the Diocese) Friends of St John the Baptist Church Village Pre School Lambs Tails Play Group Light Up The Square Christmas **Lights Committee** Youth Club Men in Sheds Extra/ replacement fencing at Nepcote Green (this, in addition, to funding the replacement main gates in 2019)

As said this year has been an exception but in other years the Sheep Fair do attempt to make small donations to Village charities and causes. If you represent such an organisation that falls within the categories above and would like to be considered in future please contact us via the Sheep Fair website: https://findonsheepfair.co.uk/contact/ or grab one of the Sheep Fair committee members.

Finally, on the subject of our 2020 budget we are pleased to announce that our charges for Field & Marquee stalls and evening event tickets remain the same as in 2018 and 2019.

Thank you for supporting and attending this last year's event. Hopefully we will see you later this year - 9 months and counting down!!

Findon Sheep Fair Committee



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Final News on the Updated Findon Neighbourhood Plan

The Examiner issued his final Report and Recommendations to the SDNPA, as the local planning authority, on 9 December 2019. The SDNPA resolved to issue a Decision Notice that accepts the Examiner recommendations, at the SDNPA Planning Committee held on 16 January 2020, despite the representations made by the Updated Neighbourhood Plan Working Group and Findon Parish Council that Government aspirations for local democracy in planning were being undermined by this decision.

The Examiner concluded that the updated Neighbourhood Plan with different housing site allocations to those in the new 2019 South Downs Local Plan, did not meet one of the 'basic conditions' for neighbourhood plans and therefore recommended that it should not proceed to a referendum, despite meeting the other 'basic conditions' which include following proper local consultation on selection of different housing allocations and being in general conformity with the new 2019 South Downs Local Plan.

The SDNPA planning directorate and committee members have not been minded, in the past or now, to use their available powers to defer, or withdraw, the two housing site allocations for Findon, at Soldiers Field House and Elm Rise, which are now included in the 2019 South Downs Local Plan. A deferral or withdrawal of these two housing site allocations would have been a more democratic and locally sensitive response by the SDNPA to the different, less harmful and locally preferred housing site allocations that emerged in the updated Neighbourhood Plan.

As a consequence the Examiner's view is that, if the two Plans with different housing allocations were to be allowed to coexist, that would result in an unwelcome lack of 'clarity in planning policy' on housing allocation sites in Findon and therefore the allocations in the new 2019 South Downs Local Plan alone should prevail, even though an updated Neighbourhood Plan would be the latest Development Plan document for Findon. 'Clarity in planning policy' is a requirement of the government's National Planning Policy Framework (NPPF) and conformity with the NPPF is one of the 'basic conditions' which have to be met by neighbourhood plans.

Findon Parish Council have consistently objected to the two SDNPA allocation sites at all stages of preparation and consultation on the South Downs Local Plan since November 2016, when the two sites were first proposed, by the SDNPA, but then only on a confidential basis until April 2017. These proposed allocations for Findon had emerged from earlier private negotiations between the SDNPA, the landowners and their agents about the capacity and availability for bringing forward housing development schemes at Soldiers Field House and Elm Rise, as it had become clear to the SDNPA that housing allocations were not going to included in the 2016 Neighbourhood Plan and therefore that responsibility passed to

Continued from Page 15

them as the local planning authority. That responsibility however still required the SDNPA to properly consult with Findon Parish Council and the community on options for housing site allocations.

Both the Inspector of the South Downs Local Plan and the Examiner of the updated Findon Neighbourhood Plan acknowledged that robust, local, housing location preference surveys had been undertaken during the preparation of the updated Neighbourhood Plan and that the two housing allocation sites proposed in the South Downs Local Plan were the least preferred by some considerable margin of the eight identified locations for new housing on the edge of Findon.

The Inspector's further view however was that the selection of locations for new housing was 'necessarily subjective' and that although the local community in Findon had taken a different view to the SDNPA on the extent of harm to local landscape and local heritage that would arise if the SDNPA allocation sites were developed, this was not in itself a sufficient reason to defer or withdraw the two allocations in the new 2019 South Downs Local Plan, **if** the SDNPA were not minded to do so.

Although the emerging updated Neighbourhood Plan, which included robust justification of the results of the preferred housing location surveys, a thorough evidence base which had demonstrated local landscape and heritage harm which would arise from the SDNPA housing site allocations and had positively proposed different, less harmful locations for new housing, the Examiner concluded, that these were not sufficient grounds alone, in planning terms, for the two allocations in the South Downs Local Plan to be withdrawn, **if** the SDNPA were not minded to do so, despite government aspirations for neighbourhood planning which sought to give local people a proper say in the location of new housing development in their own area.

Findon Parish Council, the Updated Neighbourhood Plan Working Group and the community in Findon will continue to express disappointment at the stance taken by the SDNPA, which is at odds with government aspirations for local involvement in planning introduced in the 2011 Localism Act and the SDNPA's own active promotion of the benefits of neighbourhood planning. Although lawful, the SDNPA approach may be seen as a somewhat regressive and hypocritical approach to local democracy in planning, by a National Park authority, which being an unelected body, in contrast to other local planning authorities, means that there are no councillors or members able to lobby on behalf of local communities during the preparation of neighbourhood plans.

It is perplexing that Findon appears to be the only community in the National Park where the SDNPA has not been minded to support local preferences for the location of new housing development through the neighbourhood planning process and has been determined to bring forward new housing development at locations which will cause permanent harm to the local downland landscape and the unique and valued local heritage of Findon.

Findon Parish Council and the Updated Neighbourhood Plan Working Group have used their very best endeavours to give the community in Findon that proper say on where new housing should be located in and around the village, but sadly, or even perhaps reprehensibly, the SDNPA have consistently taken a different view and promoted their own preferred locations. It is unfortunately the community who will experience for years to come the real harm to the local landscape and local heritage that will result from housing development at Soldiers Field House and Elm Rise, and the loss of trust in local democracy in planning, not the SDNPA planning directorate or members. Nevertheless Findon Parish Council will continue to engage positively with the SDNPA to conserve and enhance the local landscape and heritage in the National Park and

support sustainable development at the least harmful locations.

There are now unfortunately no further, effective planning or legal challenges to the housing site allocations for Findon in the 2019 South Downs Local Plan. However formal objections to current and future planning applications on the two sites can still be, and **should be**, made through the planning application consultation process, on grounds of substantial local landscape and local heritage harm, inappropriate design, layout and access where you feel that to be the case with proposals that are submitted.

Finally, the Examiner did recommend that the updated Neighbourhood Plan, **without** the housing allocation and local gap policies, but with other amendments for closer alignment with new South Downs Local Plan policies should proceed. However that would not require a referendum and could be finalised directly with the SDNPA and himself.

Thank you for all your valued support over the last three years.

Updated Findon Neighbourhood Plan Working Group 20 January 2020

Be Safe - Be seen

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How did we find ourselves in Findon and what did we find when we got there?

Well it is a long story but I will try to be as brief as I can.

Gay and I had lived very happily in Hove for more years than we can remember but, as retirement arrived, our thoughts moved towards either updating our home of almost 25 years or moving to a village within a 15 mile radius of Brighton. After much tooing and froing we made a decision to move and started looking at Ditchling, Hassocks, Hurstpierpoint, Steyning etc but strangely Findon (for no good reason) failed to feature in our thoughts. Our search dragged on and more than once we almost became resigned to never moving.

A turning point arose when very good friends, and near Hove neighbours, of ours – Ann and Ian Hollyhomes – announced that there were going to be moving to Findon. We accompanied them one gloriously sunny weekend day to see the house they were intending to purchase (just to look at it from the outside) but we bumped into the owner and his wife and ended up spending time with them over a pleasant lunchtime drink at the Village House – our introduction to Findon had been made.

Over following months, once Ann and Ian had actually moved, we joined them again on many occasions walking dogs on the green and surrounding countryside, catching up on films we had missed at the cinema first time round and enjoying them at the Village Hall film nights. We also started to hear stories from Ann and Ian of the new friends they had met and we got some flavour of the activities around the village.

Slowly but surely the penny started to drop that maybe we too could be as happy as

Ann and Ian with a move to Findon. Having arrived at this conclusion the process of actually moving was relatively straightforward although not without the inevitable ups and downs. On 27 April 2018 we actually arrived in Findon.

Shortly before moving we had lost our two dogs in fairly quick succession and with a move in prospect we thought it best to wait until we had settled in before getting a new dog. Well having met a number of Findon residents we mentioned this as our intention and within weeks a new four legged arrival, Evie, came to live with us and we are sure she loves living in Findon as much as her grateful owners do!!

We have been staggered at the range of activity that takes place within the village and the professional approach that everyone takes in organising events and activities. We now spend some weeks without a night at home!! - monthly quizzes, book club, choir, garden association, the Village shop, Findon News, Cinnamon Trust, Film night, Messy Church, Sunday Church services, themed evenings at the local pubs, coffee mornings, curry evenings and much much more happily fill our time. All of these activities undertaken with the fantastically welcoming new friends we have made in Findon.

We sit back and think how lucky we are to have found Findon – surely one of the most active and friendly villages in Sussex if not further afield.



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Paws Animal Sanctuary

Looking through Findon News I saw advertised a 1950's Christmas Party with Elvis on Saturday 14th December with a 3 course supper, at the Findon Village Hall. I thought that would be brilliant for the PAWS Volunteers Christmas get-together. I immediately dashed down to Peckhams Butchers and bought 20 tickets. I asked the Volunteers how many wanted to come and had to go back for more tickets. Congratulations to the Findon Village Hall Trust. What a night it was. The food was wonderful, lots of our Volunteers are Vegan or Vegatarians and all were catered for, the service was so well organised, no waiting, better than most restaurants. ELVIS was sensational and had everyone up dancing and singing at the top of their voices, all the Elvis songs, all night. Lots of the other guests came dressed up in 50's clothes, one table all the men wore black Elvis wigs with sideburns. It was so lovely to see them all up dancing having such a wonderful time. We all agreed we all had a brilliant evening.

We had no room at the inn for Cats, or Guinea-pigs over Christmas. Worthing Hospital rang to ask if we could take in three cats belonging to a very elderly sick old man who had no relatives, but we had just given the last space to another patient's Cat, who is having Chemotherapy and couldn't have a cat in her home. We have never been so full, three sick Hedgehogs are improving and we also had a sick hen. In the mornings it takes so much time giving medicine, and eye drops to animals and injections to a diabetic cat. Sheila retired at Christmas. She has always run the office, dealt with all the mail, paperwork, charity boxes and a hundred other tasks. We will all miss her.

Our lovely lady who has always run our little Charity shop here at the sanctuary on a Sunday had a bad fall and fractured her hip, we have all been so worried, she is over 90yrs and has always been so fit, get well soon Glad Lambourne we need you back running the shop.

Grateful thanks to Maggie Martin who every week, year in year out has always made cupcakes with chocolate drops on top to look like paws, to sell to our visitors on our open days every Sunday.

Also, our thanks to Lorna who donated all the beautiful Christmas cakes she made for our Christmas Raffle.

We get through so many newspapers a week and are always running out, if anyone has any spare newspapers we would appreciate it if you could drop them off to us at the Sanctuary.

from Stacey.

Paws Animal Sanctuary 15 The Oval, Findon Village, West Sussex BN14 0TN 01903 872 734 / 0790 447 6819 email: pawsanimals@hotmail.co.uk We never use an ansaphone so keep trying someone is always around. 24hrs. 7days a week. www.pawsanimalsanctuaryfindon.co.uk Registered Charity 1096231





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- ✓ De-cluttering



Findon Village Store News

Fifty years ago in 1969, Harold Wilson was our Prime Minister; the media was full of stories about men on the moon; the Beatles gave their last public performance; Concorde had its first test flight; Woodstock happened and Richard Burton bought his then wife Elizabeth Taylor a 69-carat diamond ring costing a mere \$1.5million! With all this excitement maybe we can forgive the press (even the local rags) for overlooking another momentous event in our more rustic history - the fact that Julian Harwood started work at Findon Post Office.

Harold Wilson once said that a week is a long time in politics, he certainly didn't last 50 years in his business; and the Americans didn't hang around very long on the moon. In fact all of the people and events mentioned here have disappeared into the pages of history.

Luckily some people have more staying power and, in our case, it's thanks to Julian that for the past half-acentury we have maintained a cornerstone of our village community. When Julian's family owned the business, it wasn't our village store, rather it was our post office, newspaper/sweet store and a general all-round useful local shop that provided excellent service to its community. Whilst similar businesses all over the country have not survived (something that is frequently mentioned in the press), our store has thrived.

Many of us have happy memories of being served here over the years. When Julian took over the business we all fondly remember him at the helm with his Mother, Gwen, still assisting and both providing that warm welcome that makes you want to stick around and spend your money locally. An ethos and spirit that still exists today, thanks in no small part to Julian's continued presence.

When Julian decided to sell the business, the new owners, Tony and Karen, very sensibly retained Julian to run the Post Office, as did subsequent owners, meaning that through good times and bad the shop - by now the village's main grocery store always had that dependable main-stay that ensured that the community could sustain a Post Office, well-run by someone who could be relied upon to not panic, (even when his favourite team, Brighton and Hove Albion, were on a losing streak).

When the time came to revive our community store Julian was again a valuable asset, able to advise as well as help us set up a business that is now a nationally renowned example of how a well-run community cooperative should operate.

As a community we unite to say thank you to Julian for your past service and we express our sincere wish that you will stick around as a guide for others to

follow your example. Findon is happy to echo the sentiment:

"Thank you very much Julian".



Good Neighbours scheme appeals for volunteers to help people avoid social isolation

A scheme that partners volunteers with older residents who want help to become more active in their local community or who need practical support is appealing for new recruits.

The Good Neighbours scheme is run on the County Council's behalf by the Royal Voluntary Service (RVS). It connects people who may be feeling isolated with volunteers who offer their help during 12 arranged home visits.

Volunteers offer practical help to clients such as accompanying them to the shops, enabling people to take up a hobby and supporting them to attend local groups, clubs and activities. This can help people to re-engage with others and improve their selfconfidence.

The RVS is appealing for new volunteers to donate their time to help clients of the Good Neighbours scheme across West Sussex, particularly in the Crawley and Worthing areas where there are currently several people on a waiting list to receive assistance.

There are currently around 80 volunteers in the Crawley, Horsham and Mid Sussex area, with 120 clients. In Chichester, Arun, Adur and Worthing there are approximately 85 volunteers and 110 clients.

Helen Kirkham, Service Manager at the RVS, said: "With the growing need for services that support people to remain independent in their later years, Royal

Voluntary Service is passionate about helping people enjoy more active, healthier and happier lives.

"Our Good Neighbours service provides support to those most at risk of social isolation across West Sussex, with many of our dedicated volunteers giving an hour of their time each week to share their skills, knowledge and experience with others.

"As an organisation, Royal Voluntary Service wants to inspire more people to get involved with volunteering and in turn make a real difference within their local community."

Amanda Jupp, West Sussex County Council Cabinet Member for Adults and Health, said: "Reducing social isolation is a key priority for our Age Well campaign. Many people want to keep active and busy, but might just need a little bit of practical help or someone to boost their confidence and get them started.

"The Good Neighbours scheme can offer them that support, but for those who volunteer it provides a sense of satisfaction that they are giving something back to people in their local community who need their help."

A key feature of the service is the 'safe and well' checks that volunteers carry out during all home visits, looking out for any changes in the client's health, wellbeing or home surroundings. It can also link you with a wide range of organisations across West Sussex that provide further advice, services and activities.

Kevin Poole currently volunteers for the Good Neighbours scheme in Crawley and has helped several clients regain their confidence, independence and get involved with local community activities.

Kevin said: "If someone is thinking of volunteering for the RVS, go and see your local group. You can commit as much or as little as you can fit in with your everyday life and you will not regret it. It has been more enjoyable than I ever thought it would be."

Good Neighbours West Sussex is available free of charge, but clients will need to meet any associated expenses, such as phone calls, travel and activity charges.

For more information about the Good Neighbours scheme in the Adur, Arun, Chichester and Worthing districts, phone 01903 257019 or email gnwscoastal@royalvoluntaryservice.org.uk





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What is yoga therapy?

There are numerous health and wellbeing options available to us these days. A yoga class is one such option, but what is yoga therapy? How is it different from a yoga class?

In a yoga class, the focus is usually on learning and refining yoga techniques or poses while being with a group of people, who may each have different needs and goals. Yoga therapy addresses health concerns or conditions that are specific to an individual. Hence, it is held on a one-toone basis or sometimes in small, themed groups.

Yoga therapy can help an individual with specific day-to-day issues ranging from coping with stress and anxiety, to managing pain or helping to do things such as putting on a coat after an injury. Its aim is to help with healing so that we can live with ease and comfort. As a yoga therapist, I collaborate with my clients to develop a practice that is based on their goals and health requirements. We work at a pace and level that is suitable and comfortable for them. The personalized practice is something they can take away and do on their own whenever or wherever appropriate. As a result, the client takes an active role in their journey towards healing and wellness.

Yoga therapy can be an ideal introduction to yoga for a beginner, and it can also deepen the knowledge of a more experienced yoga practitioner. No previous experience or knowledge of yoga is necessary.

If you think yoga therapy is something that could help you or someone you know, please reach out and connect with me.

> Renee Villanueva-Last Yoga teacher and yoga therapist



All the latest village news and events are on the website

www.findonvillage.org



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Findon Planning Applications

Planning applications for Findon are under the authority of South Downs National Park and listed on the SDNPA website (www.southdowns.gov.uk). Findon Parish Council (FPC) Planning Committee meetings are scheduled monthly to consult on planning applications received from the South **Downs National Park Authority** (SDNPA). Parish Consultation Letters (PCL) received from the SDNPA are displayed on the Notice Boards outside the newsagents and the Village Hall, and published on the FPC website (http://findon.arun.gov.uk) along with the schedule of Committee meeting dates.

Please note that due to Findon News publication deadlines, some applications may have already been placed before the Committee. Residents should check the Notice Boards and FPC website regularly to view notices and meeting details.

Any enquiries should be address to the FPC Clerk - 01903 877225. Since the last issue of Findon News, the following Planning Applications have been posted on the SDNPA website:

Convert garage to annex/office

Baytrees Findon Road Findon BN14 0TL Ref. No: SDNP/20/00141/PRE

Rear Extension and Loft Conversion Tree Cottage

25 High Street Findon BN14 0SZ Ref. No: SDNP/20/00038/HOUS

Pollard 1 x Norway Maple

Pendle Hill 38 Nepcote Lane Findon BN14 0SG

Ref. No: SDNP/20/00032/TPO Raise canopy by 5 meters and

reduce radial spread by 1 meters The Haven 46 Nepcote Lane Findon BN14 0SL

Ref. No: SDNP/20/00011/TPO

Remove lowest 2 limbs to sycamore (west of driveway) and thin canopy by 5%

The Bermudas 44 Nepcote Lane Findon BN14 0SL Ref. No: SDNP/20/00240/TPO

New pitched roof over existing double garage

4 Summerfields Findon BN14 0TU Ref. No: SDNP/19/06095/HOUS

Apply for change of use for our business as compounders & rectifiers of spirit drinks

The Barn, Kingswood Livery Stables Horsham Road Findon BN14 0RG Ref. No: SDNP/19/06114/PRE

Partial change of use of ground floor within the existing dwelling to an events venue (use class D2). Surfacing works to field to the east of existing stables, resulting in the creation of a car parking area serving the venue. Findon Place Horsham Road Findon BN14 0RF

Ref. No: SDNP/19/05999/FUL

Continued on Page 27

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Continued from Page 25

Alterations to partial change of use of the ground floor area within the existing dwelling to an events venue (use class D2). Surfacing works to field to the east of existing stables, resulting in the creation of a car parking area serving the venue. Findon Place Horsham Road Findon

BN14 ORF

Ref. No: SDNP/19/06000/LIS

Change of Use of existing garage/storage to a mixed use of dog grooming business and incidental use.

Glimpses Stable Lane Findon Worthing BN14 0RR Ref. No: SDNP/19/05886/HOUS

Reduce boughs on Horse Chestnut

7 Convent Gardens Findon BN14 0RZ Ref. No: SDNP/19/05842/TPO

Replacement Outbuilding

Averys House 56 High Street Findon BN14 0SZ Ref. No: SDNP/19/05787/HOUS

Replacement Outbuilding

Averys House 56 High Street Findon BN14 0SZ Ref. No: SDNP/19/05788/LIS

Single storey extension

Underhill Stable Lane Findon BN14 0RR Ref. No: SDNP/19/05784/HOUS

Remove sections of overhanging branches of Sycamore trees to the north of Nepcote Lane, and to raise to 2.2m the canopies of Field Maples, Holm Oaks and Oaks located close to the western side of the junction of Nepcote Lane and Convent Gardens.

Corner of Convent Gardens Findon Ref. No: SDNP/19/05839/TPO

A PROPOSED SINGLE STOREY REAR EXTENSION, GARAGE CONVERSION INTO HAPITABLE SPACE & INTERNAL ALTERATIONS (GROUND FLOOR)

8 Downland Close Findon BN14 0UJ Ref. No: SDNP/19/05631/HOUS

Curry Nights

The Tajdar Restaurant

Ladies - Monday 3rd Feb / 2 Mar @ 7.00pm First Monday of the month

Men - Thursday 30 Jan / 27 Feb @ 7.15pm Last Thursday of the month *All welcome*



Next Messy Church Tuesday 5th February 3.30pm (and every first Tuesday of month) All welcome Further information ring Rectory on 873601



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PARISH CHURCH SERVICES – FEBRUARY 2020

Walking together in the Way of Christ and sharing His love with others www.findon-clapham-patching-churches.com

Sunday 2nd	08.00am	Eucharist at Findon
Presentation of Christ	10.00am	Sung Eucharist at Clapham
In Temple; Candlemas	10.00am	Worship and Praise Service at Findon
Sunday 9th	08.00am	Eucharist at Patching
Third before Lent	09.30am	Sung Eucharist at Findon
Sunday 16 th Second before Lent	08.00am 09.30am 10.00am	Eucharist at Findon Family Communion at Findon Sung Eucharist at Patching
Sunday 23rd Sunday next before Lent	08.00am 09.30am 10.00am	Eucharist at Clapham Sung Eucharist at Findon Family Service at Patching

Baptisms - January: Jasmine Robinson, Thea Robinson and Leon Robinson

Funerals - January: Pauline Rooke

Messy Church: Next meeting 4th February. Starting at 3.30pm-5.45pm at Findon Village Hall. All children and their grown-ups welcome. (1st Tuesday of the month. TERM TIME ONLY.

Youth Club: Every Thursday, with different themes every week (TERM TIME ONLY). Ages 12+, 5pm till 6.30pm at The Rectory, Findon.

Curry Nights: The next Findon Tajdar Curry Nights are Thurs 27th Feb. at 7.30pm (Men - last Thursday of the month) and Mon 3rd Feb at 7.00pm (Ladies - First Monday of the month).

Quiet Time in Findon Church: Next Quiet Time 10th February at 6pm (2nd Monday of the month).

Afternoon Plus: Next Meeting 20th February at 2.30pm. Different events every month, details on the pew sheets or contact the rectory office. (No meeting in August). (3rd Thursday of the month)

Light Lunch @ 1pm: Next meeting 25th February. Findon Village Hall. £5. Everyone welcome. (Last Tuesday of the month).

Rev. Helena Buqué, Priest in Charge and Rev. Colin Cox, Curate: c/o The Rectory, School Hill, Findon BN14 0TR. Tel: 873601, findoncprectory@gmail.com



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Wednesday	9am - 2pm	
Thursday	9am - 4pm	
Friday	9am - 4pm	
Saturday	9am - 3pm	
Sunday	10am - 1pm	

Breakfast, light lunches, snacks, homemade cakes and sweet treats, afternoon tea and so much more.

5 The Parade Nepcote Lane, Findon, Worthing BN14 OSE Mobile: 0190 334 0489

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Village Hall February 2020 For all booking enquiries please

Email findonhallbooking@gmail.com Phone no: 07598 144802 We aim to respond to missed calls within 48hrs. NB. Booking times quoted are NOT necessarily the event start time

Weekly Carpet Bowls Lambstails (Term Time) Line Dancing Danceaholics Just Yoga Tai Chi You Yoga Reduce Stress & Stiffness Yoga Paracise Fortnightly Circle Dancing	Day Monday Thursday Wednesdays Sunday Monday Friday Tuesday Wednesday Wednesday Wednesday	Time 14:30 10:00 - 12:00 09:45 18:30 10:30 10:00 - 11:30 18:45 19:30 14:00 Time 19:10
Monthly Bead Magicians Downs WI Gardens Association Messy Church Village WI Meditation Tastevin Light Lunch 200 Club	Date 18th 11th 28th 4th 13th 17th n/a 25th n/a	Time 09:00 13:45 18:30 15:30 19:30 19:30 19:00 12:00 18:30
Committee Room N/A		
Other Events FVHT Film Night	Date 21st	Time Doors open
Art Class	1st	6.30pm 9.00

The Village Hall website

provides contact and booking details as well as listings of forthcoming events www.findonvillagehall.com





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